

PLAN 1: PROFESSIONAL DEVELOPMENT PLAN (2026–2027)

Professional Growth Goal:

As a first-year teacher, my professional development goal is to strengthen my skills in classroom management, inclusive education, assessment practices, Indigenous perspectives, and science instruction while developing a sustainable work-life balance. I also aim to establish professional networks within British Columbia education and remain current with emerging educational research and practices.

1. BCTF New Teachers' Conference (May 2027)

- British Columbia Teachers' Federation (BCTF)
- <https://www.newteachersconference.ca>

Description:

The BCTF New Teachers' Conference is specifically designed for teachers within their first five years of practice. Sessions focus on classroom management, teacher wellness, assessment, professional rights and responsibilities, and practical strategies for beginning teachers. Workshops are delivered by experienced BC educators and BCTF facilitators. The conference also provides networking opportunities with new teachers from across the province.

2. Provincial Specialist Association (PSA) Day Conference (October 23, 2026)

- BCTF Provincial Specialist Associations
- <https://www.psaday.ca>

Description:

PSA Day provides subject-specific professional development opportunities led by teachers and specialists throughout British Columbia. As a science educator, I would attend sessions hosted by the BC Science Teachers' Association focusing on

inquiry-based learning, laboratory safety, assessment practices, and curriculum implementation.

3. FNEESC Conference (December 2026)

- Organization: First Nations Education Steering Committee
- <https://www.fnesc.ca>

Description:

The FNEESC Conference provides professional learning focused on Indigenous education, reconciliation, culturally responsive teaching, and Indigenous perspectives in curriculum. Educators from across BC participate in keynote presentations, workshops, and collaborative learning experiences.

PLAN 2: PROFESSIONAL DEVELOPMENT DAY FOR EDUCATORS

Theme: Practical Strategies for Today's Classrooms

Full-Day Schedule

8:00 – 8:30 AM:

- Registration and Networking Breakfast
- Participants receive conference materials and have an opportunity to connect with colleagues.

8:30 – 9:30 AM:

- Opening Keynote
 - Presenter: Dr. Jody Carrington
 - Session Title: Human Connection in Education
 - Description: This keynote focuses on relationship-building, resilience, belonging, and creating supportive learning environments.

9:30 – 11:00 AM:

- Session 1: Trauma-Informed Classrooms

- Presenter: BCTF Professional Issues Facilitator
- Topics Covered:
 - Understanding trauma and student behaviour
 - Building safe classroom environments
 - Co-regulation strategies
 - Supporting student mental health

11:00 – 12:00 PM

- Lunch

12:00 PM – 1:30 PM:

- Session 2: Indigenous Perspectives Across the Curriculum
- Presenter: FNEESC Educational Facilitator
- Topics Covered:
 - Truth and Reconciliation in schools
 - Indigenous ways of knowing
 - Authentic curriculum integration
 - Place-based learning

1:30 - 1:45 PM

- Snack break

1:45 - 2:45 PM

- Reflection and Action Planning
- Participants complete a professional growth plan identifying:
 - Three strategies to implement immediately
 - One long-term professional goal
 - Potential collaboration opportunities within their schools